

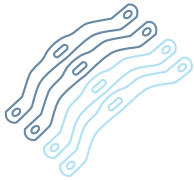
## Benefits of somnipax guard S at a glance:



**You feel very little material in your mouth:** In resting position, your jaw usually sits open at approx. 4 mm; when you wear somnipax guard S, the jaw opens to approx. 6 mm – you barely feel the height of the mouthpiece.



**materials tested and guaranteed to be free of harmful substances:** somnipax guard S is manufactured in Switzerland under rigorous conditions. All ingredients are biocompatible and free of harmful substances.



**one mouthpiece - many applications:** The degree of advancement provided by the mouthpiece can be adjusted using the different band lengths. Your doctor can find the optimal setting for you during your fitting.



**sustainability and cost efficiency in practice** - all elements of the somnipax guard S can be replaced. Guaranteed.



**ready to use** - you can take the mouthpiece home and start therapy directly after the fitting with your doctor.

*“With the somnipax guard S mouthpiece, interruptions in my breathing at night have almost completely disappeared.”*

**HANS K., BAVARIA**



**Tip:** Follow the QR code and watch the entire interview with Hans K. on YouTube

## somnipax guard S: high tech for your health



*“This product showcases several years of development and close collaboration between doctors, engineers, and production technologists. somnipax guard S combines Swiss precision with the very latest in high-performance medical plastics.”*

**DR. HANNES WAKONIG**  
Managing Director AescuBrands,  
Manufacturer of somnipax guard S

If you experience snoring or interruptions in your breathing at night, talk to your doctor about somnipax guard S. They will discuss with you whether mouthpiece therapy is right for you.

### Your contact person:

Doctor's stamp

# somnipax guard S

Mandibular advancement device



**Anti-snoring mouthpiece for the relief of both everyday snoring and interruptions in breathing caused by obstructive sleep apnoea**

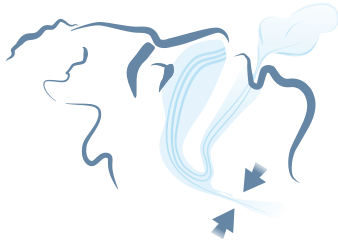
Mandibular advancement device for use with positional obstructive sleep apnoea (POSA) and tongue-base snoring

- **outstanding comfort** - the compact design and soft material make the mouthpiece easy to wear
- **exceptional versatility** - the mouthpiece is adapted to fit your jaw; the width can be varied and the degree of advancement finely adjusted
- **ready to use** - your doctor fits your mouthpiece. You can then take it straight home and start using it immediately

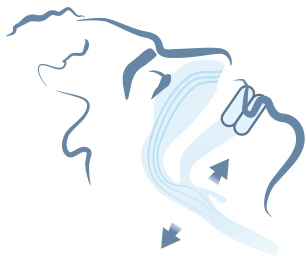
## How does a mandibular advancement device („anti-snoring mouthpiece“) work?

Snoring noises and interruptions in breathing at night („apnoeas“) both occur when the soft tissue in the upper airways relaxes and slackens during sleep.

For many of us, this relaxation causes the tongue to fall backwards into the throat (when lying on your back), which narrows or even temporarily closes off the airways. Vibrations and air-flow turbulence then occur at this narrowed point. This is what causes the snoring sound. If the airways become completely closed, interruptions in breathing occur.



A mandibular advancement device such as somnipax guard S is a very effective way to completely prevent the tongue from falling backwards into the throat during sleep.



How does it work? By shifting the lower jaw forward a few millimetres, the device places the tongue muscle under a slight tension. Because of this slight tension, the tongue muscle can no longer fall backwards into the throat. Your airways remain open. Your sleep is free from dangerous interruptions in breathing and unwelcome snoring.

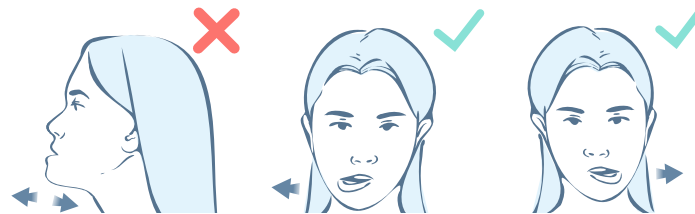
## This is somnipax guard S



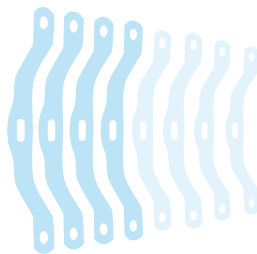
The upper-jaw mouthpiece is fitted to the shape of your upper teeth, and the lower-jaw mouthpiece to the shape of your lower teeth.

### Connected via the tensioning bands

The two individual mouthpieces are connected to one another via the plastic tensioning band. It secures the advancement and also allows the lower jaw to move laterally and for the jaw to open easily.



The degree of advancement can be adjusted using the different band lengths for the somnipax guard S. They range from a neutral jaw position (0 mm) to a protrusion of 12 mm.



## How is somnipax guard S fitted?



Your doctor will discuss your medical history to determine whether you're a suitable candidate for mouthpiece therapy.

### The following are not conducive to mouthpiece therapy:

- Removable denture or poorly adhering partial denture.
- Temporomandibular joint pain
- Receding gums or loose teeth
- Fewer than 10 teeth per jaw
- Not to be used by any persons under 18 years of age

Your doctor will ultimately decide whether the mouthpiece is suitable for you.

The mouthpiece fitting will take place at your doctor's surgery. First, the upper-jaw mouthpiece is adjusted to fit the row of teeth on your upper jaw.



Then the process is repeated for the lower-jaw mouthpiece. Finally, the doctor sets the correct degree of advancement for you and the mouthpiece is ready to use.

With ready-to-use components and material developed using the latest technology, the fitting is done in only a few minutes and your mouthpiece is ready to use. Your doctor will discuss further follow-up checks directly with you.